

THE
IRLEN DYSLEXIA
 CLINIC

Irlen Syndrome photophobia survey

Tick the box if you experience the following

Name

email

	Are you bothered by sunlight?
	Are you bothered by glare outside or glare from chrome cars?
	Are you bothered by glare from high gloss white paper?
	Are you bothered by glare on hazy days?
	Are you bothered by bright lights?
	Are you bothered by fluorescent lights?
	Are you bothered by headlights from oncoming traffic?
	Do certain patterns of stripes bother you?
	Do bright or neon colours bother you?
	Do you frequently wear sunglasses?
	Do you become tired or drowsy under bright or fluorescent lighting?
	Do you get a headache from fluorescent lighting?
	Do you feel antsy or fidgety under fluorescent lighting?
	Does your performance deteriorate under bright or fluorescent lighting?
	Do you feel like there is too much light when reading?
	Do you feel like there is not enough light when reading?
	Do you read in dim lighting?
	Do you feel like you need less light to read comfortably?

If you scored four (4) or more ticks for any of the sections within this survey, it would be worthwhile getting screened for Irlen syndrome.

**If this is you, call the Irlen Dyslexia clinic
 on 0431 927 578 or email admin@irlendyslexia.com.au**